



GET TO KNOW WARM HEALTH

Warm Health delivers interactive health education to you that is helpful and fun. You will get to know MaryBeth, the friendly voice of Warm Health communications. She will give you up-to-date information you need to understand your personal health options and make healthy decisions. She will ask simple questions to help you get the right health information you need.

Helping You Stay Healthy

Warm Health calls also keep you closely connected to people who care. Frequent one-on-one support gives you answers to your questions and vital medical support if you need it. All you have to do is listen, answer a couple questions, and learn.

Warm Health topics include:

- Welcome to the RCCO
- Health Risk Assessment
- Pregnancy and postpartum care
- Immunizations
- When to use the ER
- Connecting to a Medical Home



MaryBeth



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